

Cardiometabolic International Summit

7-Night Eastern Caribbean Cruise Conference
 Round-trip Miami, Florida
 July 7 - 14, 2018



Celebrity Equinox
 18 AMA PRA Category 1 Credit(s)[™]
 18 Contact Hours
 18 CE Credits

Course Fees: \$795

*Early Booking Discount: \$695

Healthcare Providers other than Physicians: \$595

*Early Booking Discount: \$495

*Discounted Advanced Registration Deadline: September 30, 2017

Please inquire for group discounts

Program Purpose / Objectives

Agenda:

July 8	
8:50 am	Welcome and Introductions - Michael Ozner, MD
Opening Keynote Address	
9:00 am	The Prevention Revolution and the End of the Heart Attack Epidemic - Michael Ozner, MD
Therapeutic Lifestyle Intervention	
9:30 am	Mental Stress: The Forgotten Cardiovascular Risk Factor
10:00 am	The Role of Exercise in Maintaining Optimal Cardiovascular Health
10:30 am	Alcohol Consumption and Cardiovascular Health: Healthy or Harmful?
10:45 am	Break
11:00 am	The Optimal Diet for Cardiometabolic Health
11:30 am	Culinary Medicine: How To Prepare Heart-Healthy Meals: Live Cooking Demonstration
12:00 noon	Lunch and Visit Exhibits
Lipoprotein (a)	
1:00 pm	Lipoprotein (a) in Clinical Practice: Whom to Treat? When to Treat?, How to Treat?
Residual Risk	
1:30 pm	Strategies to Reduce CVD Residual Risk
Familial Hypercholesterolemia	
2:00 pm	Familial Hypercholesterolemia: Clinical Update
2:30 pm	Sleep Apnea and Cardiometabolic Disease
3:00 pm	Adjourn
July 12	
Obesity and Metabolic Syndrome	
9:00 am	Obesity: Evaluation and Treatment
9:30 am	Adiposopathy and the "Obesity Paradox"
10:00 am	Metabolic Syndrome: Prevention and Management Strategies
10:30 am	The Role of Bariatric Surgery
10:45 am	Break

11:00 am	"Smoldering" Insulin Resistance: Strategies to Optimize Cardiometabolic Health
11:30 am	Panel Discussion With Question-and-Answer Session
12:00 noon	Lunch
1:00 pm	Blood Pressure Guidelines: Consensus and Controversy
1:30 pm	Resistant Hypertension: Management Strategies
2:00 pm	Inflammation in Atherosclerosis
2:30 pm	Can the Atherosclerotic Plaque Regress?
3:00 pm	Adjourn
July 13	
9:00 am	Non-HDL Cholesterol Vs. Apo B for CVD Risk Assessment: And the Winner is...
9:30 am	Heart Disease in Women: Putting Prevention into Practice
10:00 am	Stroke Prevention Guidelines
10:30 am	Hormone Replacement Therapy in Women: Has the Last Chapter Been Written?
10:45	Break
11:00 am	PCSK9 Inhibitors For the Primary and Secondary Prevention of Cardiovascular Disease
11:30 am	Panel Discussion With Questions and Answers Session
12:00 noon	Lunch
1:00 pm	The Role of Cardiac Imaging in Clinical Practice
Alternative Approaches For Cardiovascular Health	
1:30 pm	Vitamins, Supplements and Probiotics
1:50 pm	Meditation - Mindfulness -Yoga
2:10 pm	Chiropractic Care
2:30 pm	Panel Discussion With Questions and Answers Session
3:00 pm	Adjourn

Agenda is subject to change.

Faculty



Michael Ozner, MD, FACC, FAHA - COURSE DIRECTOR

Medical Director, Center for Prevention and Wellness
 Baptist Health South Florida
 Voluntary Assistant Professor of Medicine (Cardiology)
 University of Miami Miller School of Medicine

Tara Dall, MD, FNLA

Diplomate, American Board of Clinical Lipidology
 Physician cofounder AvanceMD Concierge & Medispa, Richmond, VA
 Co-founder Lecturepad.org
 Chief of Cardiometabolic Education, Foundation for Health Improvement & Technology (nonprofit) Co-founder MD21.com virtual medicine

James Ehrlich, MD

Clinical Associate Professor (endocrinology)
 University of Colorado, Denver
 Founder and Medical Director
 Early Detection Technology and Ehrlich Preventive Services, LLC
 Denver, Colorado
 Senior Medical Advisor, Cardionexus (affiliated with Panasonic Health Care)
 Houston, Texas
 Advisor on radiation protection
 Premier Micronutrient Corporation, Denver, Colorado



Accreditation: Continuing Education, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation: Continuing Education, Inc. designates this live activity for a maximum of *18 AMA PRA Category 1 Credits™*. Each physician should claim only the credit commensurate with the extent of their participation in the activity.



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Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME.

Canadian Physicians: This activity is eligible for Section 1 credits in the Royal College's Maintenance of Certification (MOC) Program . Participants must log into MAINPORT to claim this activity.

Osteopathic Physicians: This program is eligible for Category 2 credit with the American Osteopathic Association (AOA) .

US or Canadian Family Physicians: Please let us know if you require AAFP Prescribed Credits.



Accreditation: Continuing Education, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Continuing Education, Inc. maintains responsibility for this program and its content.

Designation: As an organization approved by the American Psychological Association, Continuing Education, Inc. is offering this activity for a maximum of 18 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

Cruise Itinerary

DATE	PORT OF CALL	ARRIVE	DEPART
Sat Jul 07	Miami, Florida	-	3:30 pm
Sun Jul 08	*At Sea	-	-
Mon Jul 09	San Juan, Puerto Rico	3:30 pm	11:00 pm
Tue Jul 10	Charlotte Amalie, St. Thomas	8:00 am	6:00 pm
Wed Jul 11	Philipsburg, St. Maarten	8:00 am	5:00 pm
Thu Jul 12	*At Sea	-	-
Fri Jul 13	*At Sea	-	-
Sat Jul 14	Miami, Florida	7:00 am	-

Cruise Pricing

COMPETITIVE PRICING PROMISE: We Will Match Cruise Line's Promotional Rates.*

Prices below are for the full cruise including meals and evening entertainment



Celebrity Suite (CS) - When you stay in a Celebrity Suite, you'll enjoy the luxury of European-style butler service. This includes assistance with unpacking and packing. In-suite lunch and dinner service. Afternoon tea. Evening hors d'oeuvres and complimentary in-suite espresso and cappuccino from Café al Bacio.

Stateroom: 467 sq. ft. Veranda: 85 sq. ft.

\$3,774



Sky Suite (S1) When you stay in a Sky Suite, you'll enjoy the luxury of European-style butler service. This includes assistance with unpacking and packing. In-suite lunch and dinner service. Afternoon tea. Evening hors d'oeuvres and complimentary in-suite espresso and cappuccino from Café al Bacio.

Stateroom: 300 sq. ft. Veranda: 79 sq. ft.

\$2,654



AquaClass (A1) -These veranda staterooms offer spa elements infused into the stateroom experience and priority seating in the chic AquaClass restaurant, Blu. These spa-inspired staterooms, offer unlimited access to the AquaSpa Persian Garden as well as a host of other soothing extras. If you love the spa, there's no finer way to travel.

Stateroom: 195 sq. ft. Veranda: 54 sq. ft.

\$1,624



Sunset Veranda (SV) These are some of our most desirable locations-found at the aft of the ship.

Stateroom: 194 sq. ft. Veranda: 54 sq. ft.

\$1,614



Concierge Class Stateroom (C3) - Spacious accommodations complete with special privileges like priority check-in, personalized Concierge service, priority seating time preferences in the main dining room and specialty restaurants, upgraded room service menu, evening hors d'oeuvres, plush bathrobes, and veranda with lounge seating.

Stateroom: 191 sq. ft. Veranda: 41 sq. ft.

\$1,424



Deluxe OceanView Stateroom with Veranda (2B) - Floor-to-ceiling sliding glass doors. Veranda with lounge seating. Two beds convertible to queen-size. Sitting area with sofa. 32" LCD TV. Vanity. Some staterooms may have a trundle bed. Complimentary 24-hour room service.

Stateroom: 194 sq. ft. Veranda: 54 sq. ft.

\$1,424



OceanView Stateroom (07) - Large ocean view window. Two twin beds that can be converted to a queen-sized bed. Considerable closet space. Private bathroom with shower stall. Sitting area with desk, drawer space, vanity, and sofa. 32 inch interactive LCD television. Direct-dial telephone. Hair dryer. Mini bar. Individual safe. 100% cotton towels and linens. 24 hour room service. Stateroom : 170 sq. ft.

\$1,224



Inside Stateroom (10) Triple - Two twin beds that can be converted to a queen-sized bed. Considerable closet space. Private bathroom with shower stall. Sitting area with desk, drawer space, vanity, and sofa. 32 inch interactive LCD television. Direct-dial telephone. Hair dryer. Mini bar. Individual safe. 100% cotton towels and linens. 24 hour room service. Stateroom : 183 - 200 sq. ft.

\$854

1st & 2nd person

\$724

3rd & 4th person



Inside Stateroom (11) - Two twin beds that can be converted to a queen-sized bed. Considerable closet space. Private bathroom with shower stall. Sitting area with desk, drawer space, vanity, and sofa. 32 inch interactive LCD television. Direct-dial telephone. Hair dryer. Mini bar. Individual safe. 100% cotton towels and linens. 24 hour room service. Stateroom : 183 - 200 sq. ft.

\$844

Prices are Per Person, Double Occupancy, Subject to change
3rd/4th in Stateroom - Please Call for Pricing
Port Charges, Taxes & Fees \$280.68
Deposit \$250 per person

Important Note: Not all staterooms within each category have the same furniture configuration and/or facilities. Appropriate symbols within the rooms on the deck plans describe differences from the stateroom descriptions.

Course Fee Cancellation Policy:
30 days from sailing-None; 7-29 days-50%; Less than 7 days-100%

All information is subject to change.

REGISTER

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